

Implementation research in allied health care: the Good Goals programme

Kolehmainen N, Duncan EM, MacLennan G, Duncan EAS, McKee L, Ternent L, Dorward M, Fayed N, Kay D, Francis JJ.



www.abdn.ac.uk/hsru

BACKGROUND AND AIM

Setting shared treatment goals:

- is central to good quality allied health (AHP) care provision
- is not effectively implemented.

A collaborative, programmatic approach involving researchers, service providers and users may be beneficial.

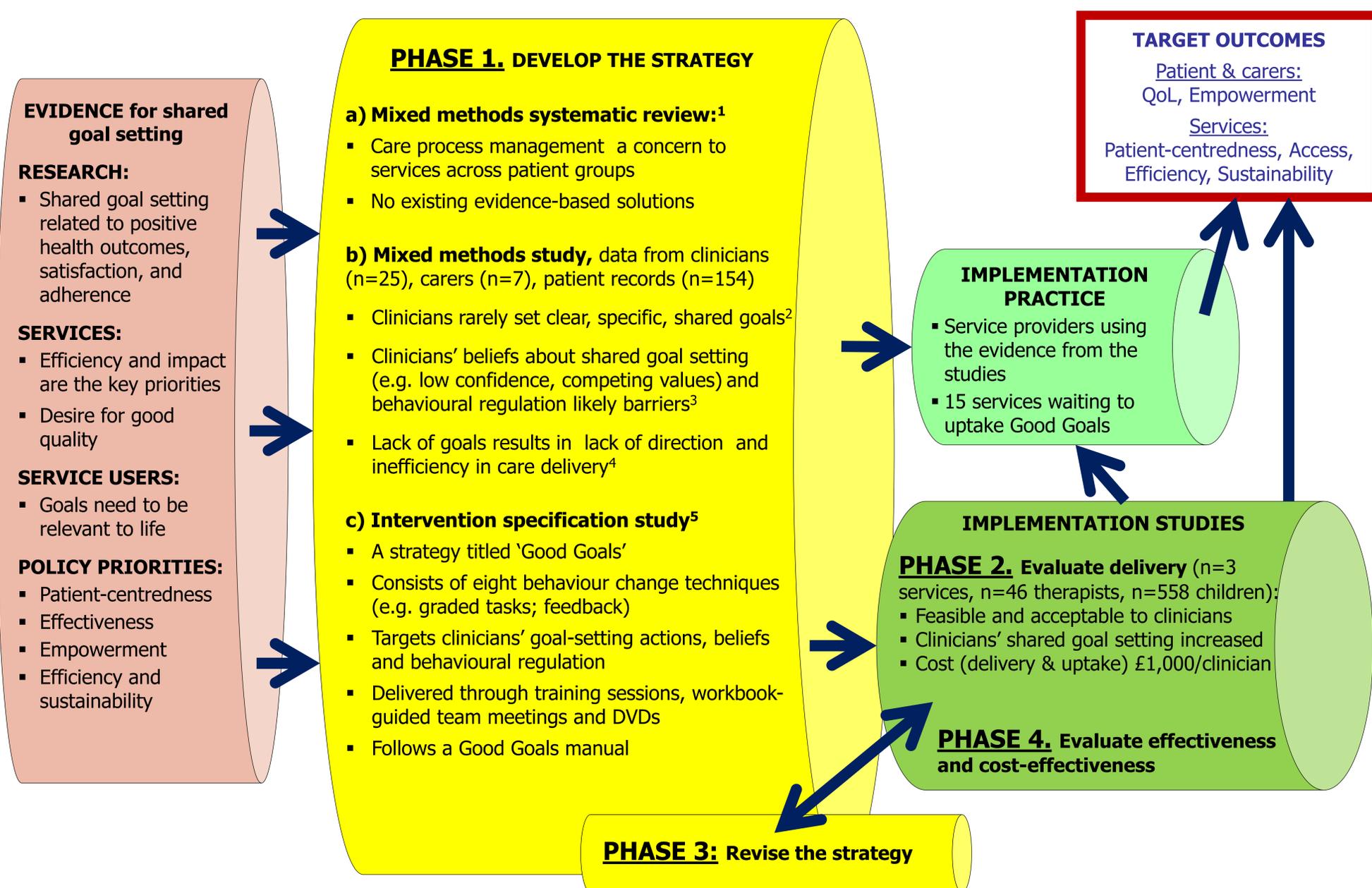
The aim: To implement shared goal-setting in children's AHP services.

METHODS: FOUR PHASES

- 1) To develop an implementation strategy (titled Good Goals).
- 2) To evaluate Good Goals delivery, up-take and costs: mixed methods multilevel case studies.
- 3) To enable large-scale delivery: a co-design study with service providers and users (planned for 2013).
- 4) Formally evaluate effectiveness and cost-effectiveness : a hybrid effectiveness-implementation cluster RCT (application currently prepared)

RESULTS

Figure 1. The Good Goals research presented on an adapted version of the implementation research process described by Mittman 2012⁷



CONCLUSIONS

The research programme has been effective in developing a feasible and acceptable implementation strategy that service providers desire to implement in practice.

Current challenge is for the Good Goals implementation research to keep pace with the implementation practice.

REFERENCES

1. Kolehmainen N et al. Journal of Health Services Research & Policy. 2010 15(1) 47-55.
2. Kolehmainen N et al. BMC Health Services Research. 2010 10:249.
3. Kolehmainen N et al. Child: Health, Care and Development. 2012 38(1) 108-116
4. Kolehmainen N, Duncan EAS & Francis J. Disability and Rehabilitation. 2012 Early online 1-9.
5. Kolehmainen N, Francis JJ. Implementation Science. Implementation Science. 2012, 7:100.
6. Kolehmainen N et al. Implementation Science. 2012, 7:76.
7. Mittman B. Presentation at TIDIRH, CA, US. July 2012.

HOW CAN I GET MORE INFORMATION?

Follow us on: www.facebook.com/goodgoals
 Contact: Niina Kolehmainen
 Tel: +44 (0)1224 438153
 Email: n.kolehmainen@abdn.ac.uk



ACKNOWLEDGEMENTS

The project has been funded through a Scottish Government Health Directorates Chief Scientist Office fellowship and a research grant. The Health Services Research Unit is supported by a core grant from the Chief Scientist Office. The views and opinions expressed therein are those of the authors and do not necessarily reflect those of the funders.